

## March Newsletter

Dear families and friends,

Please find enclosed the activities we got up to in February.

March has arrived! The days are getting longer and daffodils are around!



Here at Glenview we have been celebrating Valentine's Day and Pancake Day. We have been making heart decorations and hanging them up and also writing on hearts something that we love which included, "I like animals because human beings are able to help them", "I love the mums because they work hard" and

"I love my children and grandchildren." We also had a Valentine's Day Quiz led



by our new activity volunteer Mo! A big warm welcome to her! On Pancake Day we flipped pancakes and then ate some with a variety of toppings.



We also enjoyed a live music from the fabulous Shannon who always puts on a very impressive performance! She will be back on the 15<sup>th</sup> March at 2pm.

We played a getting-to-know-you board game where each square you landed on asked a question about yourself. Staff and residents (Lyn, Jim and Jack) played together and there were some interesting and heart-felt answers.



Archie

played ball games

trying to roll the ball on the table into a basket and then roll one ball whilst catching another which was good for cognition.

We enjoyed a tea party at the end of the month with tea, cake, tea dance music, pin the tail on the donkey and throwing the teabag in the cups. We had different variations of this game and Bobby helped come up with some of the game's rules.

Each month we want to include contributions from the residents in our newsletter so now over to Bobby and Lynette...

The weather we've see already with spring flowers and cumulus and stratus nimbus clouds and rain forecast in Helston. You don't know what you'll get until it comes. Spring showers are forecast in the morning and overnight for the tomatoes and lettuces. - Bobby

February is a very awkward month as it is very undecided what weather we get. We haven't had any fog in this winter at all as fog is more or less supposed to be in November. So, why is it the seasons are all upside down? As it makes people's welfare uneasy. - Lynette



This month we celebrated the birthdays of Ruth, Bobby, Glynis and Brenda.

