

## Activities we Did in January 2023

						1 <sup>st</sup> New Year's Day Party, Tidying
2 <sup>nd</sup> Music and TV	3 <sup>rd</sup> One to Ones, Letter Writing, Play Your Cards Right, Talking	4 <sup>th</sup> Folding Paper, Looking at Pictures, Food Describing Game, One to Ones, Walking, Talking, Who Wants to Be A Millionaire, Tidying	5 <sup>th</sup> One to Ones, Talking, Life Story Questions, Exercises, Storytelling – Women in Love, Letter Writing, Walking	6 <sup>th</sup> One to Ones, Exercises, Talking, Watching TV, Taking Down and Putting Away the Christmas Decorations, Jigsaw Puzzle, Reading, Time on the Balcony	7 <sup>th</sup> One to Ones, Talking, Watching a Film, Walking	8 <sup>th</sup> Music and TV
9 <sup>th</sup> One to Ones, Talking, Looking at Pictures of Animals, Crossword, Time in the Garden, Cake Decorating, Quiz, Looking Through a Magazine, Poetry Reading, Wordsearch	10 <sup>th</sup> Winter Walk, One to Ones, Letter Writing, Calling Banks, Time in the Garden, Winter Reminiscence and Discussion, Flower Collage and Painting, Talking	11 <sup>th</sup> Time in the Garden; One to Ones; Jigsaw Puzzle; Sing Along with Pom Poms, Musical Instruments, Bubbles and Dancing; Snap; Exercises; Talking; Sitting Together	12 <sup>th</sup> Talking, One to Ones, Letter Writing, Painting Nails, Watching a Video of Elvis	13 <sup>th</sup> Music and TV	14 <sup>th</sup> Music and TV	15 <sup>th</sup> One to Ones, Calling the Bank, Listening to Hymns, Watching TV, Time in the Garden, Name 5 (Word Game), Talking

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16 <sup>th</sup> One to Ones, Talking, Time in the Garden, Trip to the Shop, Dice Game, Making Jam Tart, Snap	17 <sup>th</sup> G-Fitness with Emma, Making Valentine's Cards, Socialising, One to One, Letter Writing, Painting	18 <sup>th</sup> Time in the Garden, Chair Yoga with Stephanie, Storytelling: Winnie-the- Pooh, Trip to the Shop, Shopping, One to One, Talking, Catch	19 <sup>th</sup> One to Ones, Talking, Scattogories (Word Game), Listening to Relaxing Music, Hairdresser In, Time in the Garden, Letter Writing	20 <sup>th</sup> Music and TV	21 <sup>st</sup> Reading Song Lyrics Aloud, One to Ones, Looking at Sensory Objects, Animal and Winter Quiz and Riddles, Watching TV, Sitting Together	22 <sup>nd</sup> Music and TV
23 <sup>rd</sup> Music and TV	24 <sup>th</sup> Music and TV	25 <sup>th</sup> Music and TV	26 <sup>th</sup> Music and TV	27 <sup>th</sup> Music and TV	28 <sup>th</sup> Music and TV	29 <sup>th</sup> Music and TV
30 <sup>th</sup> Time in the Garden, Drawing, Word Games, Singing, Reciting Nursery Rhymes, Making Up Stories, Painting, Looking at Pictures, One to One, Talking	31 <sup>st</sup> One to Ones, Talking, Resident's Activities Meeting, Hairdresser In, Letter Writing, Calling Banks, Looking at a Book					