

GLENVIEW

where caring matters

MAY'S NEWSLETTER

Dear families and friends,

I hope this finds you well. Please find enclosed the activities we got up to in April.

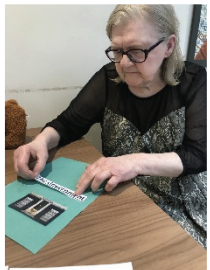


Last month we were celebrating Easter! Putting together Easter bunting and decorating the lounge including suggestions of pictures that we could put up of chickens to add to the seasonal theme. On Good Friday we enjoyed eating hot cross buns and singing along and listening to hymns. We also did some potato stamping some of which were Easter themed. The creativity did not stop there, as we also created Easter themed paintings which were stuck up on our gallery wall.



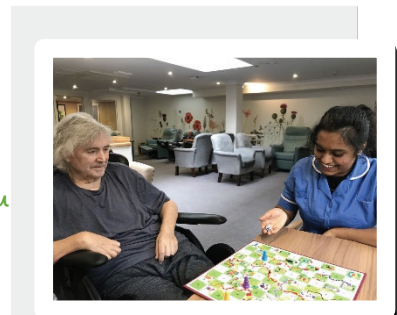
We were visited by Stephanie again who led a seated exercise session. Stephanie is a qualified physiotherapist and trained in yoga. At first, she led a group session in the lounge followed by one-to-one sessions with some residents. She brought her expertise, focus and hard work along

with her kindness to our care home. There are so many benefits with movement and exercise include improved mobility; a positive effect on mental health, self-esteem, and mood; social engagement and fun!



We also made our first Glenview magazine with the topics of work, the seasons, and the Government where opinions from our residents on each topic was put in it along with pictures they had suggested.

We have been playing lots of board games this month too, we've played Snakes and Ladders, Tiddlywinks and a Getting to Know You board game where each square you land on you have a question you have to answer about yourself.



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We welcome a new volunteer to our team called Ellie. She will be mainly helping with activities but also assisting at lunch times. She loves movement and already she has joined us for a dancing activity with our residents.



Each month we will include contributions from the residents in our newsletter so now over to Terry...



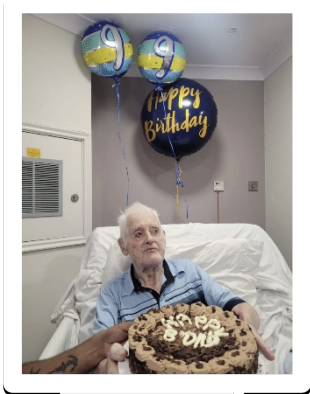
My daughter went to university, and she wanted to be a doctor. She did 3 years and then she graduated. My son works in a care home, and he travels all over the world doing charity work. He raises money for The Gambia.

This month we welcomed our new residents Valerie and Margaret and our new staff Grace who is a nurse and William a carer to the Glenview Family.



Next month, we will be celebrating the Coronation of King Charles and welcoming a new singer called Chris who will be playing on 31st at 2pm and Zowie the hairdresser will be back on the 12th.

This month we celebrated the birthdays of Archie, Lynette, and Alison.



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					1 st Music and TV	2 nd Music and TV
3 rd Pub Song Sing Along, Time in the Garden, One to One, Making Phone Calls	4 th Potato Stamping, One to One, Letter Writing, Painting	5 th One to Ones, Trip to Town, Storytelling, Listening to Music	6 th Colouring, Talking, Putting Easter Bunting Together, One to Ones, Letter Writing, Helping Decorate the Lounge for Easter, Drawing	7 th Time in the Garden, Making Phone Calls, Eating Hot Cross Buns, Playing Catch in the Garden, One to Ones, Storytelling, Listening to and Singing Hymns	8 th Music and TV	9 th Music and TV
10 th Time in the Garden, Talking, Painting and Drawing Flowers, Playing Ball, Puzzle Book, Storytelling, One to One	11 th Time in the Garden, One to Ones, Sing Along, Letter Writing, Playing	12 th One to Ones, Talking, Sensory Objects, Tidying, Snakes and Ladders, Seated Exercise with Stephanie, Time in the Garden	13 th One to Ones, Talking, Storytelling	14 th One to Ones, Writing, Quiz, Storytelling, Singing, Painting, Food Discussion	15 th Music and TV	16 th Music and TV
17 th Making a Magazine, Dancing, One to Ones, Organising, Time in the Garden, Listening to Music, Talking	18 th Time in the Garden, One to Ones, Making Phone Calls, Quiz, Card Making, Letter Writing	19 th 1:1s, Talking, Reading, Dice Game, Snakes and Ladders, Looking Through a Photography Book, Maths Crossword	20 th Scattergories, One to One, Talking, Helping Put Decorations Up, Time in the Garden, Life Questions, Hairdresser	21 st Board Games, One to One, Talking, Listening to Music	22 nd Music and TV	23 rd Music and TV
24 th Time in the Garden, Jig- saw Puzzle, Tiddlywinks, Snakes and Ladders, Life Story Questions	25 th Singing, Playing Musical Instruments, Letter Writing, Bristol Quiz and Discussion, Catch	26 th Dancing, Residents Activities Meeting, Introductions, Drawing, Talking	27 th Music and TV	28 th Name 5 Board Game, Singing, Play Your Cards Right	29 th Music and TV	30 th Music and TV