

October Newsletter

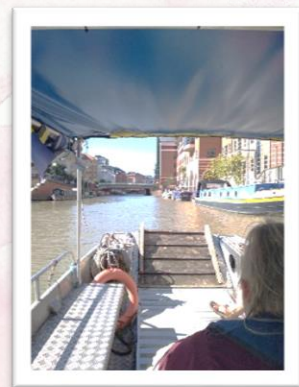
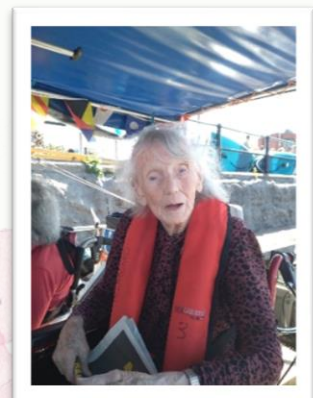
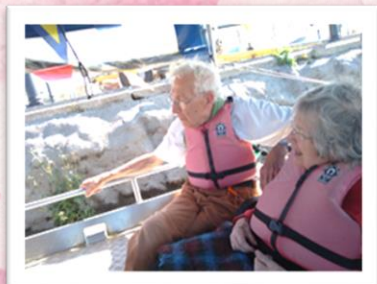
Dear families and friends,

I hope this finds you well. Please find enclosed the activities that we have coming up in October. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.

At the start of September during the heatwave a few of us went on a boat trip down by the harbourside with All Aboard Watersports. We took off from the Cottage Landing and went all the way up to Feeder Road, as we approached Feeder Road we then turned back. It was wonderful to see Bristol from the view of the harbour.

We continued to have more outings with trips to the park (sometimes playing cricket), sometimes going for an autumnal walk, a trip to a café and another trip to the pub.

We've been playing giant Snakes and Ladders, having a musicals sing-a-long with pom-poms and instruments, playing a cup and ball game where you throw ping pong balls into cups, listening to reggae in the lounge, painting pictures and drawing a portrait and it's always so lovely to see residents socialising with one another and getting to know each other. We've had storytelling sessions and even attempted to write our own story and we've had discussions, reminiscence, and a quiz about names.





Each month we will include contributions from the residents in our newsletter so now over to Jennifer....

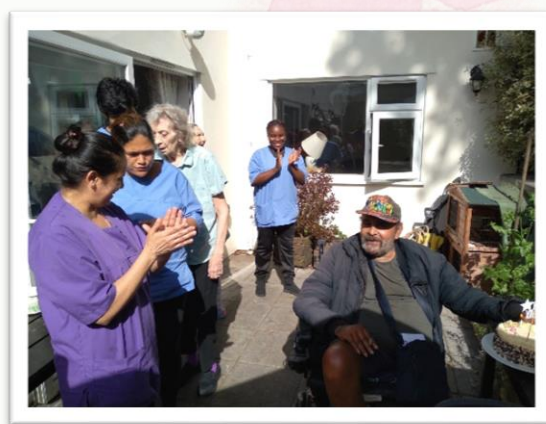
"I like music, dancing and Elvis Presley!"

This month we welcome Katarzyna as part of our domestic team and Basil who is a new health care assistant. Welcome to the Glenview family!

Happy Birthday



This month we celebrated the birthdays of Bob, Malik, Ian and Ainolah







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| 30 th Music and TV | 31 st Music and TV | | | | | 1 st Autumn Walk |
| 2 nd One to Ones | 3 rd Autumn Walk and Games | 4 th Live Performance from Shannon | 5 th One to One | 6 th Hairdresser In | 7 th Music and TV | 8 th Music and TV |
| 9 th Ball Games and Autumn Walks | 10 th Grandparents Reminiscence | 11 th Colouring Autumn Bookmarks and Looking at Autumn Fashion Through the Ages | 12 th Cup and Ball Games | 13 th Sensory Autumn Activity and Afternoon Matinee: The Sound of Music | 14 th Music and TV | 15 th Music and TV |
| 16 th Healthy Body, Healthy Mind Reminiscence, Discussion and Quiz and Play Your Cards Right | 17 th Make an Egg Box Bird Feeder and Bingo | 18 th 'With a Song in My Heart' Sing-Along and Work We Used to Do | 19 th Autumn Walks | 20 th Music and TV | 21 st Music and TV | 22 nd Trip to Church and Singing Hymns |
| 23 rd Polishing and Darts | 24 th Making Cheese Straws and Autumn Walks | 25 th Table Tennis and a Quiz | 26 th Resident' s Activities Meeting | 27 th Music and TV | 28 th Halloween Discussion and Halloween Bingo and Treats | 29 th Music and TV |