

September Newsletter

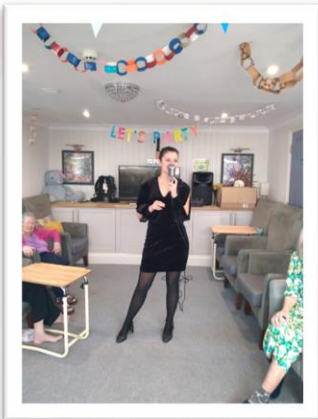
Dear families and friends,

I hope this finds you well. Please find enclosed the activities that we have coming up in September. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.

Though the weather throughout August was hit and miss we tried to make the most of it. We had many walks to the park, sometimes playing cricket, sometimes just enjoying our surroundings. We didn't stop there, we also had an impromptu trip to the pub where we sat out in the front garden enjoying drinks and crisps and had shopping trips in Westbury-on-Trym and Cribbs Causeway

Shannon the singer did another live performance in the lounge where she sang songs with her beautiful voice to everyone and was very engaging with the residents. We will be welcoming her back this month on the 19th at 2pm so feel free to come along.

Some of the residents took a trip to our sister home Meadowcare where there was entertainment from Alive Activities who are a charity that engage older people through meaningful activity. There was a big red balloon game, music, big coloured feathers, movement, watching a woman from Alive tap dance, colourful material, glow sticks, dancing and singing. It was a wonderful and lively afternoon! We walked home singing after a wonderful afternoon out.



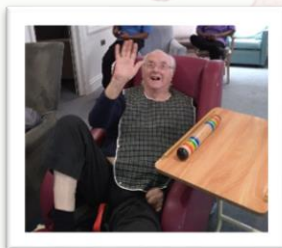


We also had a big group game of Skittles in the lounge, an auction activity where we tried to guess how much certain items were sold in an auction, a knitting quiz led by our wonderful activities volunteer Mo, a group game of Family Fortunes and our own in-house DJ Danny playing some tunes in the dining room which was wonderful to hear!

A big congratulations to Zoe, Naicy and Eben who have passed their nurse exams and are now registered nurses in the UK!



Each month we will include contributions from the resident newsletter so now over to Tom:

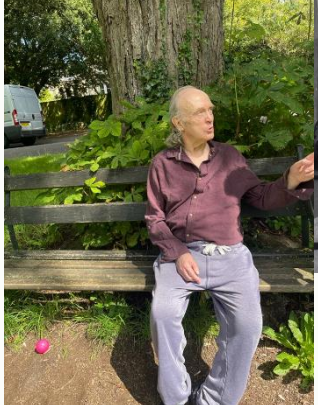
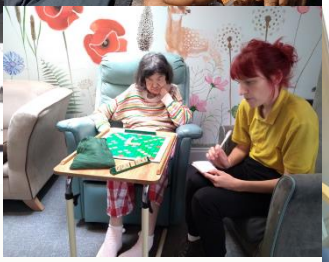


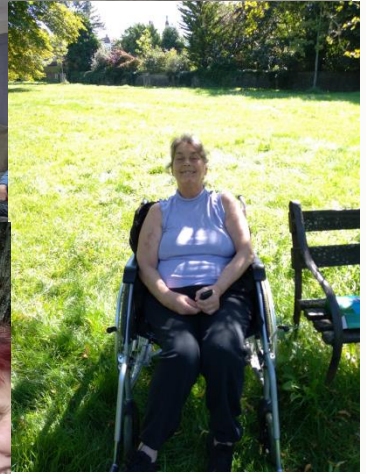
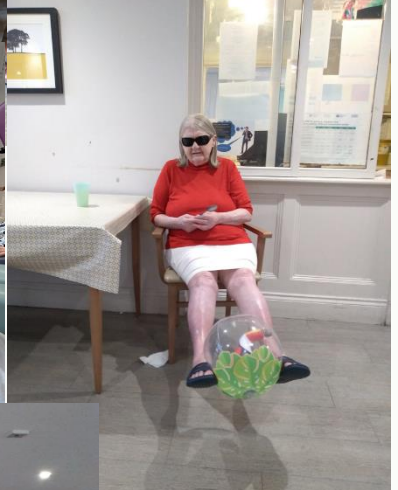
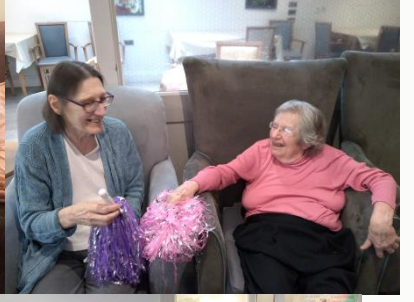
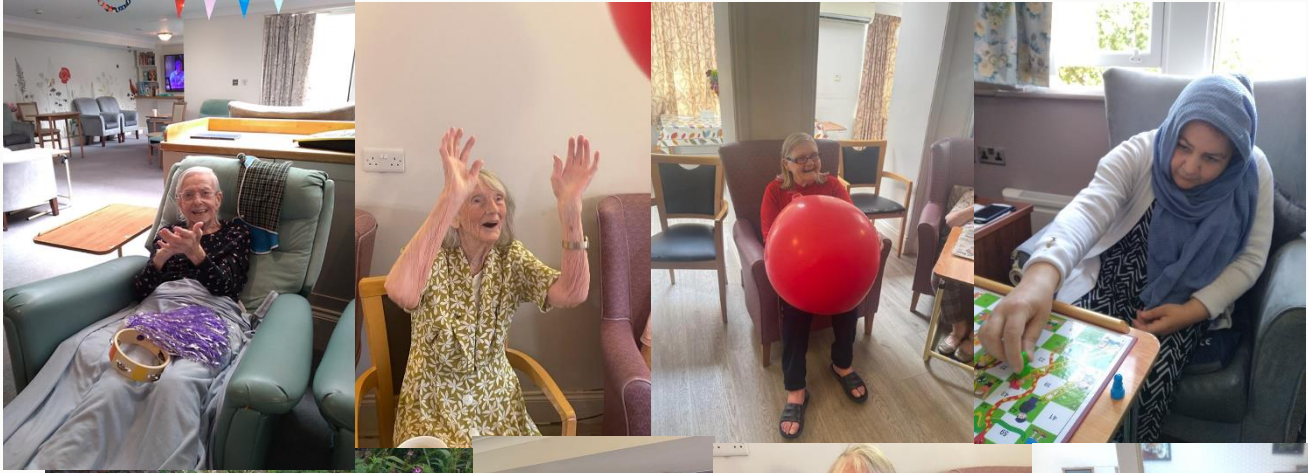
"At the end of the war my dad took on a farm in Suffolk which was called Sutton Hoo and the person who owned the farm had just unearthed a Saxon boat in one of the fields. It's all on show in the British Museum for anyone who wants to see it."

Happy Birthday

This month we celebrated the birthdays of Senobar, Christina, Patrick and Barry







SEPTEMBER'S ACTIVITIES TIMETABLE

				1 st Summer Walk	2 nd Music and TV	3 rd Music and TV
4 th Boat Trip	5 th Letter Writing, Feedback Form	6 th Summer Walks, Cricket in the Park	7 th 10:30am Hairdresser In	8 th Music and TV	9 th Music and TV	10 th Sunday Mass at Church and Summer Walks
11 th Longest Word Wins and Board Games	12 th Musicals Sing Along!	13 th Name 3 and Summer Walks	14 th Ball Games	15 th Music and TV	16 th Make a Teddy Monkey and Bean Bag Game	17 th Music and TV
18 th Group Crossword and Gardening	19 th Zizz Word Game and 2PM Shannon Live	20 th Skittles and Play Your Cards Right	21 st Make an Egg Box Bird Feeder	22 nd Summer Walk and Golf	23 rd Music and TV	24 th Music and TV
25 th Harvest Reminiscence, Discussion and Game and Table Tennis	26 th Autumn Walks and Tape Painting	27 th What's in a Name? Reminiscence and Discussion and Drawing Dogs and Cats	28 th Resident's Activities Meeting	29 th Music and TV	30 th Music and TV	