



GLENVIEW NURSING HOME

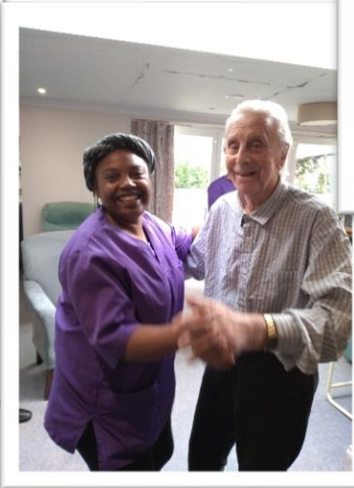
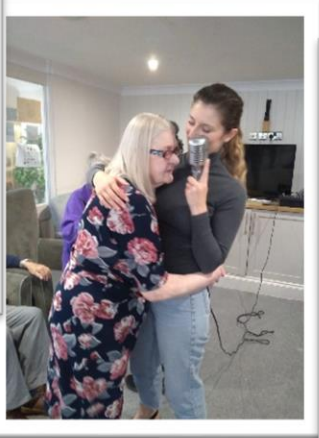
November Newsletter

Dear families and friends,

I hope this finds you well. Please find enclosed the activities that we have coming up in November. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.

Autumn has arrived, the leaves are changing, and the nights are drawing in. Even though the seasons are changing we continue to go for walks outside to the park or to the shops.

The singer Shannon came in again to entertain us all in the lounge! She even did a live a cappella performance to Linda (who's birthday it was) in her room as she was unable to come down, singing Ave Maria which was wonderful!



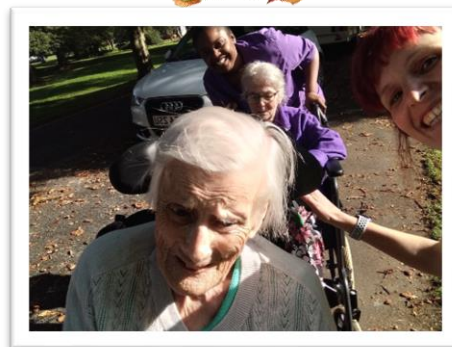
We had a little session of looking at autumn fashion through the ages, starting back in the 1950s and going up to the 1980s.



We had a session called Healthy Body, Healthy Mind where we looked at Old Wives Tales, had a quiz related to the body and we also wrote a poem called Why Worry?

We enjoyed a couple of games of Bingo where resident Barry was our Bingo caller and Lynette and Marilyn both won a full house!

We also made an egg box bird feeder to hang in the garden and sprinkled some seeds on the wall which attracted a pigeon to our garden.



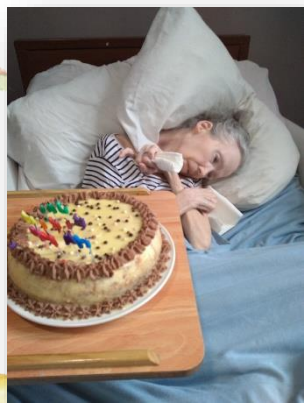
Each month we will include a contribution from a residents in our newsletter so now over to Christina...



"I came to England when I was 18. My mother died when I was 12, I had to do cooking and shopping and everything. I walked 3 miles to the school; the nuns were teaching there. My dad complained so much about it, he took me out and put me into a primary school. I went into leaps and bounds."

This month we welcomed our new residents Lesley and Beryl and our new members of the domestic team Prince and Joseph and carer Shebbin to the Glenview Family.

Our Christmas Party will be on December 8th from 2pm with live music from Chris Auburn! We hope to see you there!



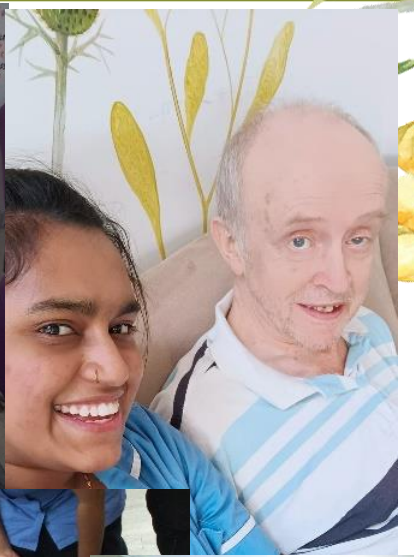
happy birthday

This month we celebrated Linda's and Danny's birthday.









		1 Music and TV	2 Celebrations!	3 10am: Zowie the hairdresser in	4 Celebrations!	5 AM: Trip to Church
6 10.30am: Activity with Alive! PM: Listening to Saxophone Music	7 AM: Poetry Writing PM: Autumn Walks	8 AM: Animal Quiz PM: Party!	9 AM: Singing Hymns Celebrations!	10 Music and TV	11 Remembrance Day and Celebrations	12 AM: Trip to Church and Remembrance Sunday PM: Celebrating Diwali
13 10.30am: Activity with Alive! PM: Autumn Walks	14 AM: Sing Along 2PM: Live Performance From Nicola and Celebrations!	15 AM: Make a Bird House Milk Carton PM: Bingo	16 AM: One to Ones	17 Music and TV	18 AM: Elvis Activity! PM: Party!	19 AM: Trip to Church
20 AM: Autumn Walks PM: What's in the Bag?	21 AM: Name 5 PM: Play Your Cards Right	22 AM: Beach Ball Volleyball PM: Sensory Activity – Looking at Art	23 AM: Residents Activities Meeting	24 AM: Group Crossword PM: Party!	25 Music and TV	26 AM: Trip to Church Celebrations!
27 AM: Drawing Trees PM: Autumn Walks	28 AM: Flower Quiz PM: Hot Chocolate Afternoon	29 AM: Wonky Watercolour Grid PM: Board Games and Celebrations!	30 AM: One to Ones			