



# GLENVIEW NURSING HOME

## December's Newsletter

Dear families and friends,

*I hope this finds you well. Please find enclosed the activities that we have coming up in December. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.*

*This month we had two sessions with the wonderful Alive! Charity. Alive is a charity dedicated to improving the quality of life of older people and their carers. Both sessions were led by a woman called Eva who encouraged the residents to do movements with sticks and hula hoops. She also brought in beautiful orange flowers which Christina took a liking to, there was also breathing exercises and she read out loud a poem about autumn.*



*On Remembrance Sunday we cut out pictures of poppies and then wore them. We also put on the live coverage on the television to watch.*

*We had an Elvis themed morning one day where an Elvis banner was put up and we had a crossword of his songs and every time the answer was said we listened to the song. There was also dancing involved!*

*We've also been enjoying magnetic darts both carers and residents playing together. It was good fun!*





*Each month we will include a contribution from a resident in our newsletter so now over to Ida...*

*"I like animals. I used to have a St. Bernard called Monk and I also had guinea pigs."*

*This month we welcomed our new residents Paul, Gareth, Mary and Shirley and our new carers Sergio, David, Mereen, Sanjani and Ishawu and Nic from the domestic team who is now also working as a carer. We also welcome Victoria who is our new activities volunteer who will be here on Wednesdays.*

*And finally, to mention our Christmas festivities on December 8<sup>th</sup>. The order of the day will be as follows:*

*10am - Christmas Pantomime in the lounge*

*12pm - Residents' Lunch*

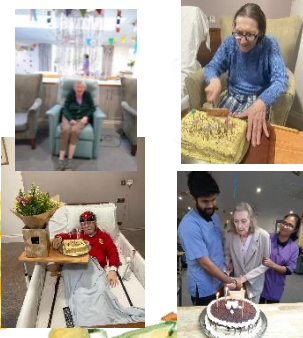
*1pm - Raffle*

*2pm - Party with Food*

*3pm - Live music from Chris Auburn*

*You are very welcome to stay all day or just pop in for a specific event.*

*Raffle tickets are now on sale, please find Activities Abi when you next pop in. We are also still accepting raffle prize donations and thank you to those who have donated.*

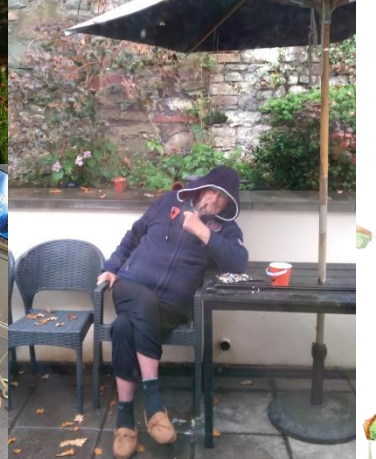


*happy birthday*

*This month we celebrated Margaret's, Ida's Peter's, Paul's, Paula's, Hilda's, Jennifer's, Liv's, Olive's, and Ron's Birthday!*













				<b>1</b> AM: Sensory Advent PM: Put the Christmas Decorations Up	<b>2</b> Music and TV	<b>3</b> AM: Trip to Church PM: Put Christmas Decorations Up
<b>4</b> 10.30am: Activity with Alive! PM: Put Christmas Decorations Up	<b>5</b> AM: Make Christmas Cards PM: Celebrations!	<b>6</b> AM: Winter Trees Activity PM: Making Christmas Cards	<b>7</b> AM: Make Christmas Decorations	<b>8</b> 10am: Christmas Pantomime 2PM: Christmas Party!	<b>9</b> Music and TV	<b>10</b> AM: Trip to Church
<b>11</b> 10.30am: Activity with Alive! PM: Name 3	<b>12</b> AM: Drawing and Painting Winter Scenes 2PM: Chocolate Dice Game	<b>13</b> AM: Make Tealight Snowmen PM: Play Your Cards Right	<b>14</b> AM: Make Frosted Pinecones	<b>15</b> 10am: Zowie the Hairdresser In	<b>16</b> Music and TV	<b>17</b> AM: Trip to Church PM: Name That Christmas Song Quiz
<b>18</b> AM: Make Bethlehem Mosaic Picture PM: Christmas Bingo	<b>19</b> AM: Christmas Stories PM: Hot Chocolate & Christmas Cake	<b>20</b> AM: Make Edible Christmas Tree PM: Christmas Quiz	<b>21</b> AM: Colour and Draw Robins and Celebrate the Winter Solstice	<b>22</b> AM: Christmas Celebrations, Singing & Games PM: Carols & Mince Pies	<b>23</b> Music and TV	<b>24</b> Christmas Eve
<b>25</b> Christmas Day and Celebrations!	<b>26</b> Boxing Day	<b>27</b> AM: Giant Snakes and Ladders PM: Pub Games	<b>28</b> AM: One to Ones	<b>29</b> AM: Board Games PM: Make Calendar	<b>30</b> AM: Make Calendar PM: Celebrations!	<b>31</b> AM: Make Gold Marshmallow Pops PM: NYE Party