



# GLENVIEW NURSING HOME

## February's Newsletter

Dear families and friends,

*I hope this finds you well. Please find enclosed the activities that we have coming up in January. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.*

*After the busy season of Christmas, we welcomed the new year and the slowness that January can bring but we kept active with playing balloon tennis, the balloon game and ball games. We had a couple of musicals, one with pom poms and musical instruments and the other with songs from musicals. We had discussions about food, wintertime, and lessons from the residents where we were taught how to make a banana sandwich and tomato sauce. We took part in quizzes, group crosswords and spent an afternoon making and flying paper aeroplanes. Stories were read out loud and photos and personal artifacts were shared. Some residents spent time together in the garden and some went further afield to Elberton for a trip out. We've painted pictures, made cards, and played cards; games of Whist and Play Your Cards Right which was good fun. As a team we tried so many times to turn all the cards over which we eventually achieved!*

*Music continues to play through our corridors, the lounge and dining area and for those who are unable to venture out, music is also played in their rooms where we sometimes sing, and we sometimes dance. Letters and cards have been written and many conversations had. We enjoyed games of Bingo with Ken being our consistent winner and giant Snakes and Ladders.*



*Each month we will include a contribution from a resident in our newsletter so now over to Ted...*



My hobby is painting pictures. I like to paint wildlife.

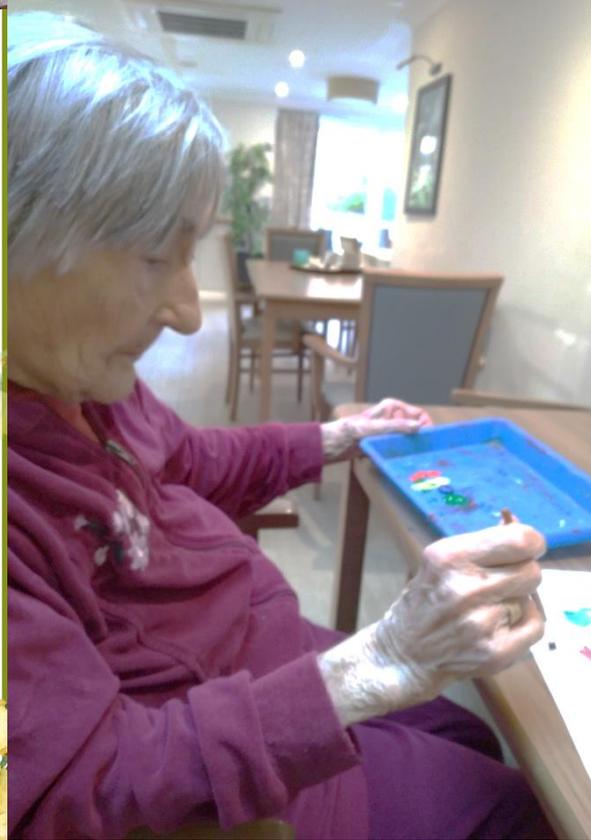
**In February we welcome back His and Hers Theatre Company who performed the Christmas pantomime. On February 21<sup>st</sup> they will be performing a sing-along Valentines Love Story from 1.30pm for one hour. All are welcome to join.**

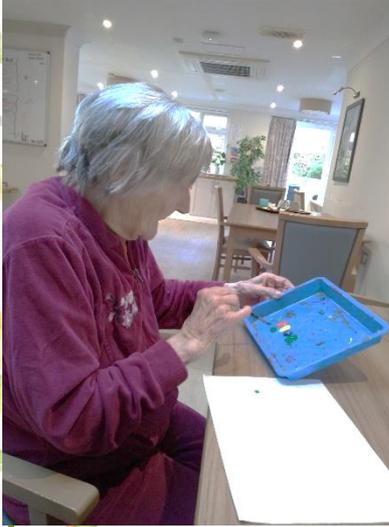
*This month we welcome residents Ken and Ted and carers Chimberly, Binta, Hastings, Anitha and our new nurses Evelyn and Adwoa to the Glenview family.*

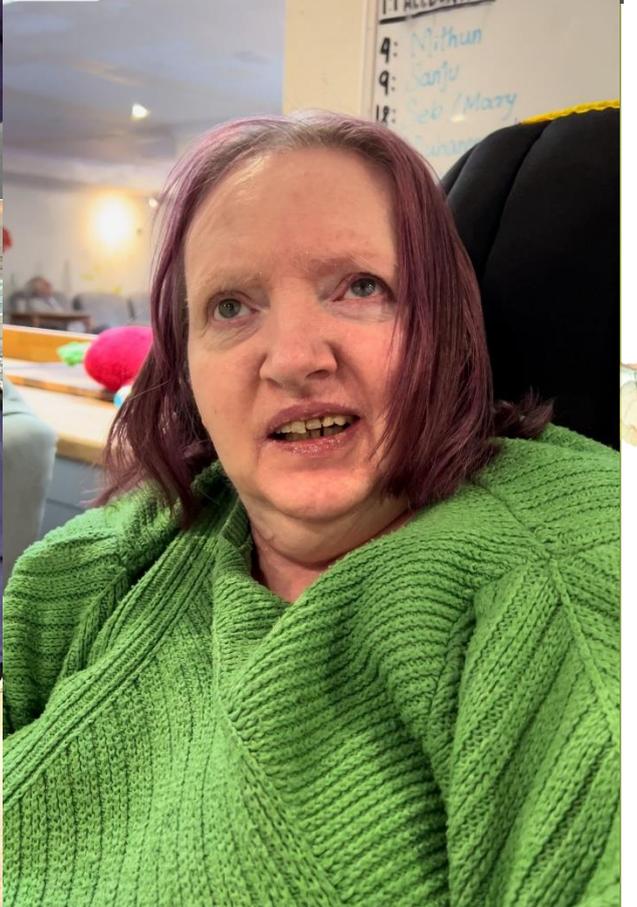
*happy birthday*

*This month we celebrated Chris' and Shaun's birthdays!*









			1 Music and TV	2 10am: Hairdresser In  AM: Ukulele Songs  PM: Board Games	3 Music and TV	4 Music and TV
5 AM: Make Strawberry Nutella French Toast Roll-Ups PM: Quiz	6 AM: Poems and Discussions about Tea  PM: Decorate Flowerpots	7 AM: Reminiscence, Discussion & Playing Games  PM: Scattergories	8 AM: Make Heart Printed Valentine's Tree	9 Music and TV	10 Music and TV	11 AM: Trip to Church  PM: Making Valentine's Decorations
12 AM: Group Crossword  PM: Make Chalk Pastel and Mosaic Hearts	13 AM: Pancake Crossword  PM: Celebrating Pancake Day!	14 AM: Making Hearts  PM: Valentines Discussion & Sing Along	15 AM: Making a Bird Feeder	16 AM: Winter Quiz  PM: Bingo!	17 Music and TV	18 Music and TV
19 AM: Planting for Spring Discussion  PM: Garden Quiz and Word Game	20 AM: Flower 'Beetle' Game  PM: Winter Walks	21 AM: Colouring  1.30PM: Performance from His and Hers Theatre Company	22 AM: Celebrations!	23 Music and TV	24 Music and TV	28 AM: Trip to Church  PM: Sing Along
26 AM: Making Owl Decorations  PM: Resident's Activities Meeting	27 AM: Sow Seeds  PM: Make a Wind Chime	28 AM: Ball Games  PM: Celebrations!	29 AM: Winter Walks			