



GLENVIEW NURSING HOME

March's Newsletter

Dear families and friends,

I hope this finds you well. Please find enclosed the activities that we have coming up in March. The activity timetable is subject to change as we want to keep it person-centered, however, any external activities coming into the home will remain unchanged.

In February we have been making chocolate and banana sandwiches and we had a tea themed activity where collectively we made a poem about the hot drink, it was an expression of our favourite things about tea.

We've been artistic and creative with drawing and making paintings either free-style or with sponge stamps. We took part in flower arranging in the garden and have been listening to nature sounds for those who are unable to go outside. We enjoyed another trip to our local church where they were celebrating pancake day and offering out pancakes during service. Afterwards, we went to the hall next door for refreshments. On Pancake Day we had a go at pancake tossing, we had a pancake discussion and themed crossword and we also enjoyed toasted pancakes with a selection of toppings to choose from including lemon, sugar, banana and golden syrup.

We've shared cookery and household tips with each other and looked through a baking recipe book and talked about food. On Valentine's Day we made a mosaic heart and had a Valentine's themed discussion and quiz. We've been making bird feeders and garden decorations including an owl and ones made from coat hangers and pretty buttons.



We've been gardening, sowing tomato, strawberry, lettuce, mint, rosemary and basil seeds. Our gardening group was led by Ted who took some of us in the garden and talked to us about one of the plants and the work he can do there. He told us he knows thousands of plants as he used to work as a gardener.

We welcomed back His & Hers Theatre Company who did a musical theatre performance called *Let There Be Love* which was a sing-along Valentine's love story. It consisted of two actors who told a story about how their characters met, fell in love, and married accompanied with songs, musical instruments and pom-poms that were shared out in the audience and at the end the bride through her bouquet which Christina got.

Each month we will include a contribution from a resident in our newsletter so now over to Shaun...



I was a ceiling estimator and an organist and choir master at St. Barnabas Church normally.

In March we have singer Shannon playing on the 6th at 10.30am, we will also be celebrating Nowruz the Iranian New Year at 11am on 20th March there will be music, food, and festivities. All are welcome to join.

This month we welcomed residents Chris and John and greeted back Shirley! We also welcomed Kofi, a new member of the domestic team and new carers Samuel and Rebeca to the Glenview family.



happy birthday

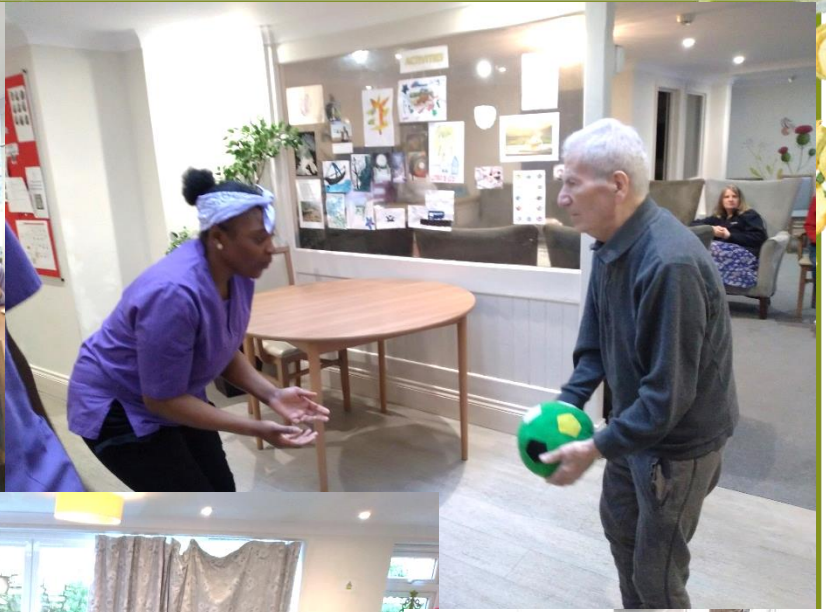
This month we celebrated Bobby's, Ruth's, and Brenda's birthdays!



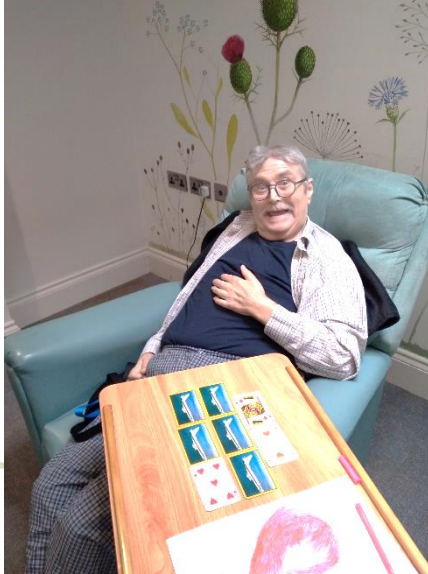


PERSONNEL	DATE	TIME	ACTIVITY
David	10/10/20	10:00	Music
John	10/10/20	10:30	Arts
John	10/10/20	11:00	Arts
John	10/10/20	11:30	Arts
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John	10/10/20	60:00	Arts













				1 PM: Cutting Out Pictures for the Board	2 Music and TV	3 Music and TV
4 AM: Sow Flower Seeds PM: Play Your Cards Right	5 AM: Colouring PM: Make Easter Cards	6 10.30AM: Shannon Singing PM: Painting	7 AM: Fill and Eat Scones	8 Music and TV	9 Music and TV	10 Music and TV
11 Music and TV	12 Music and TV	13 Music and TV	14 1.15PM: Zowie the Hairdresser In PM: Celebrations!	15 Music and TV	16 Music and TV	17 Music and TV
18 AM: Group Crossword PM: Bingo	19 AM: Finger Food PM: Making Easter Chocolate Cornflake Cakes	20 11AM: Nowruz – Iranian New Year Celebrations PM: Spring Walks	21 AM: Making Easter Decorations	22 Music and TV	23 Music and TV	24 AM: Trip to Church PM: Easter Crafts
25 AM: Residents Activities Meeting PM: Quiz with Easter Biscuits	26 AM: Decorate Mini Victoria Sponges 1.30PM: G-Fitness with Deborah	27 AM: Making Easter Bonnets PM: Spring Walks	28 AM: Decorate Easter Biscuits	29 AM: Enjoying Hot Cross Buns PM: Easter Bingo	30 Music and TV	31 Music and TV